

**CUSTOMVITE EXAMPLE:  
Custom Multi-Vit & Potent Anti-Oxidants**

The following NutriScript was prepared exclusively for Jane Doe. These recommendations are based on results from responses to a medical history questionnaire. They are not to be construed as general information or used by any other individual.

	<u>Daily Dose</u>	<u>%RDA</u>		<u>Daily Dose</u>	<u>%RDA</u>
Vitamin A (Palmitate)	2500 IU	50%	Selenium (Amino Acid Complex)	100 mcg	143%
Beta Carotene	5000 IU	100%	Copper (Amino Acid Chelate)	0.5 mg	25%
Mixed Carotenoids (from D. Salina)	2500 IU	50%	Manganese (Amino Acid Chelate)	6 mg	300%
Vitamin C (Ascorbic acid)	500 mg	833%	Molybdenum (Amino Acid Chelate)	100 mcg	133%
Vitamin D (Cholecalciferol)	800 IU	200%	Potassium (Citrate)	50 mg	*
Vitamin E (Natural - Succinate)	200 IU	667%	Boron (Amino Acid Complex)	1000 mcg	*
Thiamin (Vitamin B1)	25 mg	1,250%	Bilberry (25% Anthocyanosides)	25 mg	*
Riboflavin (Vitamin B2)	25 mg	1,250%	Grape Seed Extract (90% Proanthocyanidins)	25 mg	*
Niacin (Niacinamide) (Vitamin B3)	25 mg	125%	Co-Enzyme Q-10, 50mg Softgel	50 mg	*
Pyridoxine hydrochloride (Vitamin B6)	25 mg	1,250%	Natural Fish Oil 1,000mg Softgel	1000 mg	*
Folic Acid	800 mcg	200%	Citrus Bioflavonoids (Hesperidin complex 35%)	250 mg	*
Cyanocobalamin (Vitamin B12)	50 mcg	833%	Lipoic Acid	50 mg	*
Pantothenic Acid (Vitamin B5)	25 mg	250%	Lutein (5% beadlets)	6 mg	*
Calcium (Amino Acid Chelate)	500 mg	50%	Lycopene (5%beadlets)	3 mg	*
Magnesium (Amino Acid Chelate)	250 mg	63%			
Zinc (Chelazome Amino Acid Chelate)	15 mg	100%			

**Capsules per Packet: 10**

This recommendation is not designed to treat a disease or disease condition but to provide empirical data to the health practitioner that may be used by him or her as part of a regimen.

**EXAMPLE ONLY**